

Still Life Painting with Rodrigo Mateo Materials List:

Supplies for Oil Painting:

If you already have oil painting supplies, great! Bring them.

Below is a suggested palette, you do not need to have it exact; it is just an all around work palette that can carry you pretty far for a long time. If price is an issue, I attached a Limited working palette that you can use.

Titanium White (Winsor Newton)
Cadmium Yellow Pale (Winsor Newton)
Yellow Ochre Pale (Winsor Newton)
Raw Sienna (Michael Harding)
Viridian (Old Holland or Winsor Newton)
Cadmium Red Light (Winsor Newton)
Burnt Sienna (Winsor Newton)
Alizarin Permanent (Winsor Newton, Old Holland)
Cobalt Blue (Winsor Newton)
Ultramarine Blue Deep (Old Holland)
Raw Umber (Old Holland)
Burnt Umber (Old Holland)
Ivory Black (Old Holland)

Limited Palette:

Titanium White
Cadmium Yellow Pale
Yellow Ochre
Cadmium Red
Alizarin Crimson
Ultramarine Blue
Burnt Umber or Raw Umber
Ivory Black

Gamsol (required)
Container to hold Gamsol (Silicoil Brush Cleaning Container will do; or metal brush washer)
Cold Pressed Linseed Oil or Oleogel (can buy at Jerry's)
Assortment of brushes. Bring what you have.
I recommend to have a few soft rounds (sable or synthetic) sizes 0-6.
Bristle filbert 4-6.
One large House painters brush 1" or 2" (they are a dollar at home depot)
Paper Towels (Viva, recommended)
Brush soap to clean the brushes after each painting session.
Retouch Varnish.

Oil Primed Linen Canvas or Linen Panel is recommended. Sizes 8x10, 9x12, 11x14, 12x16 are the recommended sizes. You do not need to have all of them, but it is good to have a few different canvas sizes to better arrange your composition.

As a suggestion, Jerrys Artarrama here in New York City carries Centurion Oil Primed canvases and panels that are not too pricey and are ready to go. (the panels may be cheaper)

Strathmore 400 Drawing pad. 18x24 is standard size but others will do.

A few HB, 2B Pencils, kneaded Eraser, Tombow Mono Eraser Pen is useful for details. Sandpaper block (sold at art store) and exacto knife for sharpening pencils.