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| Workshop name: | Self-Portrait Painting |
| Workshop instructor: | Gregory Mortenson |
| Workshop dates: | October 6 - 9, 2017 |
| Workshop schedule: | 9:30am-4:30pm (lunch 12:30-1:30pm) |
| Workshop description: | In this four-day workshop, artists will create a self-portrait painting from life using a mirror. Following a lucid step-by-step approach, participants will first create an accurate drawing in graphite on paper, and then paint in oils on linen canvas or panel. Gregory will guide artists with daily demonstrations and in-depth personal critiques through each stage of the process – from creating a strong likeness with accurate drawing, to color mixing, modeling form and finishing details. Cranial anatomy, materials, paint handling, and the physics of light will also be discussed throughout each session. While this workshop is mainly geared towards painters with some previous experience in oils, artists who prefer to create finished portrait drawings in graphite or charcoal are also encouraged to participate. |
| Workshop Format: | <p>Day 1: Gregory will demonstrate and discuss all phases of the linear block-in: from straight-lines and flat shapes, to structural anatomy and perspective. The challenges of measuring while using a mirror will also be discussed.</p> <p>Day 2: The physics of light on form and modeling will be the focus as the drawings are finished. The drawing will then be transferred to a canvas or panel for the next day's painting.</p> <p>Day 3/4: The final two days will be dedicated to painting, with discussions and demonstrations illustrating different methods of starting and finishing the self-portraits with accurate color, dimension and lively detail.</p> |
| Materials List: | <p>Drawing Materials:</p> <ul style="list-style-type: none"> • Drawing paper. Smooth Stonehenge, Strathmore, bristol or Arches paper, between 11"x14" to 18"x24" • Drawing pencils 4H,2H, H, HB • Pencil Sharpener / Razor Blade • Sand paper • Kneaded eraser • Large knitting needle or equivalent instrument for comparative measuring. • Drawing board with clips (if paper is not in a sturdy drawing pad) <p>Transferring Materials:</p> <ul style="list-style-type: none"> • Masking tape • Charcoal Pencil • Micron Pen (or a bottle of India ink (black or sepia tone) • Paper Towels |

Painting Materials:

- Stretched, primed smooth linen **canvas** (Claessens 13, Artfix), or art **panels/boards**. Between 10"x12" and 16"x20". (New Traditions Panels and Raymar Art Panels are good option for canvas boards.)

- **Oil paint**

(brands we use: Windsor & Newton, Old Holland, Graham, Gamblin, Rublev, Michael Harding)

Van Dyke Brown (must be Gamblin brand)-highly recommended

Viridian

Asphaltum (Burnt umber may be substituted)-Asphaltum highly recommended

Alizarin Crimson

Terra Rosa (Venetian Red, Indian Red, or Vermillion may be substituted)

Cadmium Red Light

Cadmium Orange

Orange Ochre (Rublev)-Order online or go in person to Soho Art

Raw Umber

Burnt Sienna

Yellow Ochre

Naples Yellow

Cadmium Yellow

Lead White (Flake White or Cremnitz may be substituted)

- **Brushes** (have plenty in a variety of sizes, with some suitable for small detail. pristine shape.)

- Small to medium Rounds (synthetic) Sizes 0-4

- Small to medium Filberts (synthetic)

- At least one largish workhorse brush (hoghair or synthetic for large massing)

- Wooden palette

- Metal palette knife

- Any size mall stick

- Paper towels

- Odorless Mineral Spirits (e.g. Gamsol or Turpenoid)

- Proper jar/vessel to contain turps/oil

- Any of the following mediums: Oleogel, Walnut Oil, Linseed oil, Stand oil, Poppy oil