If Drawing:
Graphite pencils 4B HB 2H 2B
Strathmore 400 series Paper
kneaded eraser
Tombow Mono Zero eraser
x-acto knife with extra blades & sandpaper strip

If Painting:
If you already have a favorite set of colors you use, bring those.

A Recommended Palette for beginners:
Titanium or Lead White
Yellow Ochre
Cadmium Red Light or Venetian Red
Raw Umber
Ivory Black

This palette can be extended with:
Cobalt Blue and/or Ultramarine
Cadmium Yellow Pale
Burnt Umber
Alizarin Crimson

Panel or Canvas:
You can get a 3 pack of 8x10 centurion linen panels at Jerry's for a reasonable price.
Same for smaller and larger sizes.

Viva Paper Towels

Turpenoid/Gamsol, container to hold it and brush cleaner
(only odorless mineral spirits are allowed at GCA)

Palette (please do not use paper ones)
Palette knife

Brushes, in your set have at least a couple of smaller rounds sizes 1-3 and a few larger sized bristles or synthetics, flats rounds or filberts Sizes 4-6-8