Materials:

- Knitting needle, bike tire spoke, or other long measuring device (the longer and thinner the better)
- Wooden palette
- Paper towels
- 5 8x10 or 9x12 canvas panels—primed boards or loose primed linen taped on a board are both good options. Cotton Canvas is strongly discouraged.
- A variety of bristle and synthetic brushes including rounds, filberts and flats

Professional Quality Oil Paint
- White (Flake, cremnitz, or titanium)
- Naples Yellow
- Yellow Ochre
- Raw Sienna
- Burnt Umber
- Cadmium Red or Vermillion
- Cadmium Orange
- Alizarin Crimson
- Raw Umber
- Ivory Black
- Cobalt or Ultramarine Blue