

Materials List:

Lighting:

There will be multiple options for lighting up your still life—You can use a north facing window (Or south facing if you're in the Southern Hemisphere), a regular clamp light or an LED video light. Natural light is advised only for advanced students due to its inconsistency, whereas artificial light is recommended for anyone who wants a clear and consistent light source. I recommend this specific brand for your video light:

-Neewer Dimmable Bi-Color 480 LED Video Lighting Panel with U Bracket and a Neewer Aluminum Alloy 75"/6 Feet/190CM Photography Light Stand

<https://neewer.com/products/nl480-led-panel-lights-10086107>

<https://neewer.com/products/lighting-studio-10000117>

If that's not feasible, then you can also use:

-A clamp light with a 5000k daylight bulb (Found in most hardware stores)

Easels/General Set Up:

-An Easel (Any easel will do, as long as it can hold your painting in place)

-Any desk, table, storage cart or kitchen cart to store supplies in and/or place your still life on.

-Four 16" x 20" 1/8 inch black foam core sheets for constructing a still life box with sturdy tape. If foam core is not available in your area you can also use a wooden box or a cardboard box. This is optional, but really helps maintain the clarity of the shadows on the flowers.

Painting Supplies:

Surfaces:

-8" x 10" and/or 9" x 12" primed linen sheets or boards (Centurion OP DLX sheets or panels, Ampersand Gessobord or Claessens 13 DP are preferred but any linen will work just fine. If there's only cotton duck canvas in your area, I highly recommend adding a couple of thin coats of Golden acrylic gesso to improve the surface quality. Be sure to sand lightly between coats!)

-If you prefer to use paper, I personally recommend using Strathmore Series 400 Multimedia Gray Paper with 2 coats of Gamblin PVA Size - This is what I'll mainly be using in my demos.

Brushes:

If you have brushes from previous classes/personal painting projects definitely keep using those for my classes! Otherwise here are my personal recommendations:

- Rosemary Ivory Flats or soft flat bristle brushes for massing in during the block-in phase
- Synthetic flats and rounds in various sizes - Michael Klein pointed synthetic rounds are a personal favorite of mine.
- Any container or case to store your brushes

Colors:

Sap Green*
Cobalt Blue*
Cobalt Violet
Ivory Black*
Raw Umber*
Burnt Umber*
Burnt Sienna*
Raw Sienna
Yellow Ochre*
Cadmium Yellow *
Lead Tin Yellow or Genuine Naples Yellow (Optional)
Cadmium Orange
Cadmium Red Light*
Alizarin Crimson*
Quinacridone Magenta*
Lead White (Titanium white can work as well if there's any worry about using lead)*

(Colors with * are recommended—The colors without an asterisk such as Cobalt Violet, Raw Sienna, Lead Tin Yellow and Cadmium Orange are optional colors.)

Miscellaneous Painting Supplies:

- Sealed wooden palette or neutral gray palette paper (A glass palette works as well)
- Gamsol/Turpenoid
- Small jars/containers for solvents/mediums
- Double palette cup with screw caps
- Stainless steel brush washer
- Paper towels - Viva paper towels and Scott Shop Towels Original will work best but anything will do in this case
- Prismacolor kneaded eraser
- Linseed Oil

-Oleogel

-Metal palette knife

-Various vessels for your flowers - They can be as simple as a drinking glass, but look for other containers around your house or in a thrift store, flower shop or junk shop. Fish bowl containers are a favorite and found in many flower paintings if you want to try that out for this class.