



An Introduction to Painting for Teens: A Focus on Facial Features

With Lorenzo Narciso

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Materials List

Oil Paint

An affordable option that I recommend is the Winton Oil Paint Basic Set of 10.

I use a variety of artist grade paints (Michael Harding, Winsor Newton, Gamblin, etc.), however, student grade paints are perfectly fine. Please make sure to have:

Raw umber and/or Burnt Umber	Ivory Black
Ultramarine Blue	Alizarin Crimson or Alizarin Claret
Venetian red or Burnt Sienna	Cadmium Red
Cadmium Orange	Cadmium Yellow
Yellow Ochre	Viridian
Cremnitz White or Any White	

Brushes

A variety is good. Have at least:

- A few small soft rounds with pointed tips
- One medium sized bristle
- One soft fan brush (optional)
- One small liner brush (optional)

Canvas Pad or Canvas Panels

An affordable option I recommend is the Centurion 5x7 panels (purchase at least 5 pcs) or Centurion OP DLX Linen Pad. If you purchase the linen pad, please bring: a drawing board, a pair of scissors, and artist's tape. Another option that I prefer is Claessens 13 double primed.

Palette

A sealed wooden palette, neutral gray palette paper, or glass palette are all suitable.

Gamsol

Glass jar or any container for solvent/gamsol

Metal palette knife. I prefer ones that are slim and flexible, but any will do.

A straight long knitting needle, metal skewer, or similar. This will be used for measuring.

Brush cleaning soap. I use Zote laundry bar soap, but any will do.

Paper Towels

Kneaded eraser