

Alla Prima: Painting Hands with Sandra Sanchez

Materials List:

-5" x 7," 8" x 10" and/or 9" x 12" primed linen sheets or boards (Centurion or Claessens 13 DP are preferred, but any linen works fine). If you plan on using cotton duck canvas, please add 3-4 coats of any acrylic gesso on top before using it.

-Sealed wooden palette, neutral gray palette paper or a glass palette.

-Gamsol/Turpenoid

-Small jars/containers for solvents/mediums

-Stainless steel brush washer

-Paper towels

-Oleogel from Natural Pigments or Gamblin Solvent Free Gel (Optional)

-Metal palette knife

-Synthetic Bristle Short Flats for massing in during the block-in phase, and synthetic bristle and soft rounds in various sizes. Any brand will do, but I recommend any of the following:

- Trekell Synthetic Hog Bristle Brushes
- Silver Bristlon Synthetic Brushes (Long handle)
- Michael Klein Synthetic Pointed Rounds

Colors:

White (Lead or Titanium)*

Yellow Ochre*

Cadmium Red Light or Naphthol Red*

Permanent Alizarin Crimson*

Ivory Black*

Burnt Sienna - (Preferably Windsor & Newton)*

Raw Umber - (Preferably Michael Harding)*

Raw Sienna

Asphaltum (Gamblin)

Cobalt Blue

King's Blue Light

Veridian*

Sap Green

(Colors with * are required.)