

Minimalist Still-life Workshop

PAINTING SUPPLY LIST

All supplies are suggested, bring materials that you're used to and have worked for you. The items below are what I personally use. Feel free to reach out to me if you have any questions: samuel.h.hung@gmail.com

DRAWING SUPPLIES

- Pencils 2H, H, HB & 2B
- vine charcoal willow
- Micron pen (sepia, for transferring)
- Kneaded Eraser
- Stick Eraser (MONO zero from Tombow or TUFF STUFF)
- Pencil sharpener
- Clear Ruler ("C-Thru" ruler is bendable with a reddish grid)
- Measuring stick (knitting needle or bicycle spoke)
- Drawing Pad 11" x 14" (Strathmore drawing paper)
- Drawing board 15" x 16"
- Bulldog Clips

PAINTING SUPPLIES

Winsor & Newton, Gamblin, Old Holland, Williamsburg, Michael Harding, and Rublev Colours are excellent. Student grade paints are okay but may have weaker tinting strengths and filler. Different brands also vary in hue and texture consistency/handling properties. Choose a brand you are already comfortable with.

- Flake White and/or Titanium white
- Cadmium yellow light or Hansa Yellow/Winsor Yellow PY74

- Cadmium yellow deep or Hansa Yellow Deep/ Winsor Yellow Deep PY65
- Yellow ochre
- Raw sienna
- Burnt sienna
- Raw umber
- Burnt umber
- Cadmium orange
- Cadmium red
- Alizarin Crimson
- Ultramarine blue
- Cobalt blue
- Cerulean blue
- Viridian
- Cadmium Green
- Manganese Violet or Dioxazine Violet
- Ivory Black

MEDIUM, SOLVENTS & PALETTE

- Linseed oil, Walnut oil, or oleogel
- Odorless Mineral Spirit
- Brush tank/washer or Glass Silicoil
- Palette cups
- Wooden palette or Glass palette

- Palette knife (I like the trowel shaped ones)
- Razor blade scraper tool (for glass palette users)

BRUSHES

Choose a variety of soft and stiff brushes sizes ranging from small to large. The shapes I tend to use are rounds, filberts, and flats. Here are some of the brushes I use:

- Utrecht Manglon Synthetic Brushes
- Rosemary and Co. Synthetic Ivory
- Rosemary and Co. Pure Sable Ser 91
- Windsor & Newton university series 233, small synthetic rounds sizes from 000 to 1

MISC.

- Mahl Stick
- Paper towels or cotton rags
- artist tape
- tracing paper

PAINTING SURFACE

Use whatever canvas or gessoed panel you're comfortable working with and like. Our workshop is for 5 days so I recommend keeping paintings around 12" x 16 (slightly larger or smaller is fine). Bring a few smaller pieces for studies sizes around 5" x 7" (canvas scrap works great). Surfaces I've enjoyed using are:

- Claessens 13 oil primed linen
- Artfix Belgian L84C Oil Primed Linen (smooth but can be too slick)
- Raymar Claessens and Artfix Linen mounted on MDF boards (lightweight for traveling)

- Centurion OP DLX oil primed linen or canvas boards (great value)
- Ampersand Gessobord panels (smooth but can be too slick)
- canvas scraps for studies and experimentation

STILL LIFE OBJECTS

Please keep things simple. Consider choosing objects of various sizes, shapes, and textures with strong shapes/silhouettes. The juxtaposition of different elements can be very interesting (large size vs small, round vs flat, matte vs shiny, soft vs hard, organic vs mechanical). Sometimes thinking of a theme or story behind the painting helps. Try not to choose something that's too detailed or intricate given the time constraints (things with busy patterns that take too long to draw). Simple everyday objects can be a great challenge and have lots of flexibility when designing your composition. Here are some examples:

- fruit
- vegetables
- food
- candy/treats
- vessels (bowls, cups, plates, bottles, vases)
- flowers
- books
- toys (my personal favorite)
- fabric scraps, construction paper or gifting tissue paper (can be bright or muted colors for adding design elements for your backgrounds)