

Self Portrait in Oils with Greg Mortenson

Drawing Materials

- **Drawing Paper:**
Smooth Stonehenge, Strathmore, Bristol, or Arches (11"x14" to 18"x24")
- **Drawing Pencils:**
4H, 2H, H, HB
- **Pencil Sharpener or Razor Blade**
- **Sandpaper:**
For sharpening pencils
- **Kneaded Eraser**
- **Measuring Tool:**
(e.g., knitting needle)
- **Drawing Board with Clips:**
(if not using a sturdy sketchbook)

Transferring Materials

- Masking Tape
- Charcoal Pencil
- Micron Pen (or India Ink)
- Paper Towels

Painting Materials

- **Stretched Canvas or Board:**
(10"x12" to 16"x20"), preferably smooth linen (Claessens 13, Artfix, or Centurion).
Raymar.com offers excellent art panel options.
- **Oil Paints:**
 - Van Dyke Brown (Gamblin recommended)
 - Asphaltum (Gamblin)
 - Orange Ochre (Rublev)
 - Alizarin Crimson
 - Terra Rosa (Venetian Red, Indian Red, or Vermilion can be substituted)
 - Cadmium Red Light
 - Cadmium Orange
 - Raw Umber
 - Burnt Sienna
 - Yellow Ochre
 - Naples Yellow
 - Cadmium Yellow
 - Viridian

- Lead White (Flake White or Cremnitz)
- **Brushes:**
Small to medium rounds (sizes 0–4), small to medium filberts (synthetic), at least one large workhorse brush (hog hair or synthetic)
- **Palette:**
Wooden palette and metal palette knife
- **Miscellaneous:**
Mahl stick, paper towels, odorless mineral spirits (e.g., Gamsol), and a proper jar for turps/oil
- **Mediums:**
Oleogel, walnut oil, or linseed oil