

Alla Prima: Figure Painting with Sandra Sanchez

Materials List:

Surfaces:

- 8" x 10" and/or 9" x 12" primed linen sheets or boards. I recommend Centurion OP DLX or Claessens 13 DP for the best results.
- If you plan on using cotton duck canvas, please add 3-4 coats of any acrylic gesso on top before using it. And if you want to prime wood panels, make sure they're sealed first—If they're not (And if water can penetrate the surface), I recommend sealing them with either one coat of Shellac or two coats of Gamblin PVA size on all sides.
 - After that (Or if you already have a sealed board) you're free to prime them with either 4-6 coats of acrylic gesso or 2 coats of oil ground.

Palette:

- A sealed wooden palette works great for the class! I highly recommend any New Wave palette or a palette from the Traditional Palette Co.
 - Palettes from the Traditional Palette Co. are made to order and will take some time to reach you. If you want one of their handmade palettes, be sure to plan accordingly.
- A neutral gray palette, paper or glass, also works just fine.

Colors:

- Sap Green
- Veridian
- Ultramarine Blue
- Ivory Black*
- Raw Umber* (Preferably Michael Harding, but any will do)
- Burnt Sienna*
- Venetian Red
- Transparent Yellow Oxide
- Raw Sienna
- Yellow Ochre*
- Lead Tin Yellow* (Or Lemon Yellow Hue by Winsor and Newton for a cheaper alternative)

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Materials List:

- Naphthol Red*
- Alizarin Crimson*
- White* (Titanium or Lead works)

Easel:

- Any sturdy easel will work perfectly in this class.

Lights:

- My top recommendation for studio lights are LED Video Lights from Neewer. I use it for all of my projects, and have purchased multiple ones that have lasted me many years at this point. You really only need one:

<https://a.co/d/eYlvGwg>

- Otherwise, any light can work as long as it runs between 4500 and 5500K! In other words, make sure that whatever light source you're using is neutral and neither too yellow (Think cozy living room lights) nor too blue. Just make sure it lights your palette and painting evenly.

Other Materials:

- Gamsol/Turpenoid to thin out your paints.
 - Skip this if you're actively trying to minimize or avoid any solvents.
- Refined linseed oil
- Small jars/containers for your liquid solvents and mediums.
- Spring clamps to secure your painting to the easel.
- Aluminum or stainless steel brush washer
- Paper towels, preferably from Scott Shop.
- Oleogel from Natural Pigments or Gamblin Solvent Free Gel
- Metal palette knife
- Bristle Short Flats, synthetic bristle, and soft rounds in various sizes.

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Materials List:

- I personally recommend Trekell Opal Brushes, Trekell Crimson Taklon Brushes, and Trekell Spectrum Brushes.
- Makeup wipes
 - These are designed to quickly remove oils and pigments, which are exactly what oil paints consist of. They're optional, but great for paint if it's on your skin for any reason.

If you have any further questions about materials, feel free to reach out to me at sandrasanchezfineart@gmail.com. Happy painting!