

Still Life for Beginners Materials List

Tori Cole

- Strathmore drawing pad series 400 (8x10 or 9x12 inches)
- Graphite pencils HB, H, and 2H
- Kneaded eraser
- Pencil eraser (mono zero is my preferred brand)
- Foot long clear graph ruler (it's important that it is clear/see through, because this will help us draw ellipses accurately)
- Vine/Nitram charcoal (for transferring)
- Ball point pen (for transferring)
- One bottle of black India ink (for transferring)
- One very very small round brush (for transferring)
- Scrap linen or canvas for color study approximately 4x6 inches in size
- 1 linen panel, size can be anywhere 8x10 or 9x12 inches, Centurion DLX Oil Primed or Trekell #13 Oil Primed Linen Panel are the recommended brands (alternatively the student can use their preferred painting surface though a linen canvas panel is strongly recommended for ease)
- Wooden Palette or Palette Paper (Traditional Palette Co. is where I get my palettes from, but disposable palette paper is great for anyone pressed for time, or not looking to invest in a handmade palette)
- Round synthetic brushes in a variety of sizes I use everything from size 2 up to size 16. If you are not looking to get that wide variety of sizes then I recommend having at least two size 12, two size 10, and two size 4 or 6 round brushes) some recommended brands are Utrecht Manglon, Trekell (I like their Golden Taklon, Opals, and Legion brushes), and Artify
- One soft fan brush (any size)
- One half inch or one inch flat brush synthetic or bristle (for underpainting and background)
- Paper towels
- Palette knife
- Linseed oil, walnut oil, or oleogel

Oil paint colors, my preferred brand is Michael Harding and Gamblin (colors needed will depend largely on your set up, colors listed below are recommended for all set ups, but will work best for more neutral still lifes)

- Lead white or titanium white (if using titanium consider Ceramic white from Holbein as a lead paint alternative as most brands of titanium are prone to flashing which will make the values more difficult to control)
- Yellow Ochre
- Burnt Sienna
- Ultramarine Blue
- Raw Umber
- Burnt Umber
- Ivory Black

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Optional colors based on set up

- Cadmium Yellow
- Cadmium Orange
- Cadmium Red
- Alizarin Crimson/Alizarin Claret
- Raw Sienna
- Viridian

Optional other materials:

- Micron pen (for transferring)
- Gamsol (odorless mineral spirits)
- Small palette cup for tiny amounts of gamsol

Note: I no longer paint with gamsol, which is why it is optional, but you will want a good brush soap for washing your brushes if you do without it.